Activity Schedule – FALL 2018

All Activities are in the Auditorium - unless noted otherwise.

- **You can access the lane from both Inlet Road and Trail Avenue**
- **Park in the rear parking lot and enter through the Auditorium (do not use the Arts Centre Reserved Parking)**
- **Cross the Auditorium using the stage to avoid interfering with any ongoing activities**

There may be last minute cancellations due to the renovation – Please check online for Activity Changes – www.secheltactivitycentre.com

ACTIVITY	TIME	ROOM	CHAIR	COST
MONDAY				
Qigong Shibashi	10am-11am	St. Hilda's Hall	Barry Pruden	$3
Let's Dance – Level 1.0	9:30-10:30am	Auditorium	Sandra Cordero	$3
Let's Dance – Level 2.0	10:30-11:30am	Auditorium	Sandra Cordero	$3
Carpet Bowling	1-3pm	Auditorium	Jean Bowden & Shirley Allan	$3
Pickleball (3 sessions)	3-9pm	Auditorium	Gill Smith & Bert Carswell	$3
Bridge Upgrade	12-3:30pm	Davis Bay Hall	Peggy Malcolm & Chris Kane	$3
Duplicate Bridge	6:30-10pm	Davis Bay Hall	Mike McCarthy	$3
TUESDAY				
Emergency Radio	9-10am	Farish	Barbara Lightfoot	$3
Fitness	10-11:10am	Auditorium	Jacquie Allan	$4
Quilting	1-3pm	Auditorium	Shirley McCaughtrie	$3
Craft	1-3pm	Auditorium	Chris O'Brennan	-
Pickleball (2 sessions)	3-7pm	Auditorium	Gill & Bert	$3
Table Tennis	7:00-10:00pm	Auditorium	Marilyn Heinrich	$3
WEDNESDAY				
Pickleball – Int to Adv	7:30-9:30	Auditorium	Gill & Bert	$3
Yoga	10-11:15am	Auditorium	André Casaubon	$5
Genealogy (3rd Wednesday)	1-3pm	Green Room	Arlene Harmon	$3
Pickleball (3 sessions)	1-7pm	Auditorium	Gill & Bert	$3
THURSDAY				
Fitness	10-11:10am	Auditorium	Jacquie Allan	$4
Carpet Bowling	1-3pm	Auditorium	Jean Bowden & Shirley Allan	$3
Mahjong	1-3pm	Auditorium	Alison Speirs	$3
Pickleball (2 sessions)	3-7pm	Auditorium	Gill & Bert	$3
Cribbage	7-10pm	Auditorium	Dave Grafton	$3
FRIDAY				
Pickleball (Social Play All Levels)	7:50-9:50am	Auditorium	Gill & Bert	$3
Qigong Shibashi	10-11am	Auditorium	Barry Pruden	$3
Poker	12-3pm	Auditorium stage	Doug Whitworth	$3
Pickleball (3 sessions)	1:30-7pm	Auditorium	Gill & Bert	$3
Argentine Tango	7:30-9:30	Auditorium	Alan Barnes	$3
SATURDAY				
Chair Yoga	9:30-10:30	Auditorium	André Casaubon	$3
Duplicate Bridge	12-4pm	Auditorium	Mike McCarthy	$3
SUNDAY				
Pickleball (2 sessions)	3-7pm	Auditorium	Gill & Bert	$3

Membership - You may try a class or activity once without being a member of the SSAC (**you must still pay the drop-in fee**). Memberships may be purchased from the temporary office during office hours 9:30-1:30 M-F. Annual 2018 membership is reduced to $12.50 as of June 1st .

Updated October 1, 2018