

# SEASHELL ECHO

JANUARY 2021

SECHLT SENIORS ACTIVITY CENTRE NEWS

## *In this Issue*

- 1 New Year Message
- 2 Ringing In The New Year  
With Traditions Around  
The World



## New Year Message

**A**s we celebrate the beginning of a New Year, it may be a time to reflect and realize how important our Sechelt Seniors Activity Centre is to so many of us. We have all missed our socializing with friends at the Centre, the hot lunches together, pickleball, our bridge games, dancing, and those many other activities which cement the solid friendships we have with seniors in our community.

After a year of very little personal contacts, our SSAC, the heartbeat of senior life will be back better than ever in 2021 when it is safe to do so. Thanks to the generosity of many and the rental revenue gained during the Provincial Election Campaign, the SSAC has managed to keep its head above water. We want our members back and the meaningful socializing and activities we all crave. Please stay with us and we will keep you informed when we can begin operating again.



5604 Trail Avenue, Sechelt, BC  
PO Box 564, V0N 3A0

Reception: 604.885.3513  
Office: 604.885.8910

Covid Office Hours:  
11am to 2pm, M-F



[info@secheltactivitycentre.com](mailto:info@secheltactivitycentre.com)  
[www.secheltactivitycentre.com](http://www.secheltactivitycentre.com)

# Ring In The New Year With Traditions From Around The World

**W**ith 2020 on its way out, so many of us look forward to health, hope and prosperity. New Year's Eve is traditionally a celebration of skies exploding with festive lights, horns, hugs, and dancing and singing in the streets. This year we brought in 2021 in a less social way, many traditions worldwide were carried out safely. We thought you would enjoy learning about a few of the New Year's traditions that take place around the world.

**Japan** - Just before midnight on New Year's Eve, the Japanese eat soba noodles. The long noodle denotes the crossing from one year to the next. Cutting the noodle also signifies letting go of the past year's regrets—for a fresh start.



**Spain** - In Spain, with 12 seconds remaining until the New Year, people under the age of 12 eat green grapes to bring good luck to the coming year.

**Italy** - Italians revere lentils for their coin-like shape symbolizing luck and prosperity. A New Year's Eve dinner usually features this legume to bring on luck in the coming year.



**France** - The French usually ring in the New Year with a huge feast commonly known as le réveillon de la Saint-Sylvestre. It includes foie gras oysters, lobster, and escargot.



**Colombia** - On the last night of the year, Colombians place three potatoes: one peeled, one unpeeled and one half-peeled under their beds. At midnight they pull the first potato they touch. Peeled means they will have financial problems, unpeeled indicates abundance, and half peeled - well, somewhere in between.



**Philippines** - Filipino culture celebrates the New Year by serving 12 round fruits. The round shape symbolizes coins which represent prosperity and wealth for each month of the coming year.



**Ireland** - The Irish have a tradition of banging bread against the walls of their houses on New Year's Eve. The idea is that bad luck and evil spirits are chased away and good luck is invited in, and also ensures that the coming year will be filled with an abundance of bread and other food.



## ***Tidbits***

---

### **Many Thanks to Some Very Generous Members**

During the last year, with so many restrictions in place, The SSAC has been hit with many financial obligations, and with very little revenue being generated, it has been a challenge to keep our doors open. Fortunately, several very generous members kindly stepped up and provided financial donations. It certainly all helps. We send our thanks!

---

### **SSAC AGM**

Please be advised that the SSAC will plan to conduct the Annual General Meeting in February 2021. It will take place via Zoom. Details will be provided in the next several weeks.

---

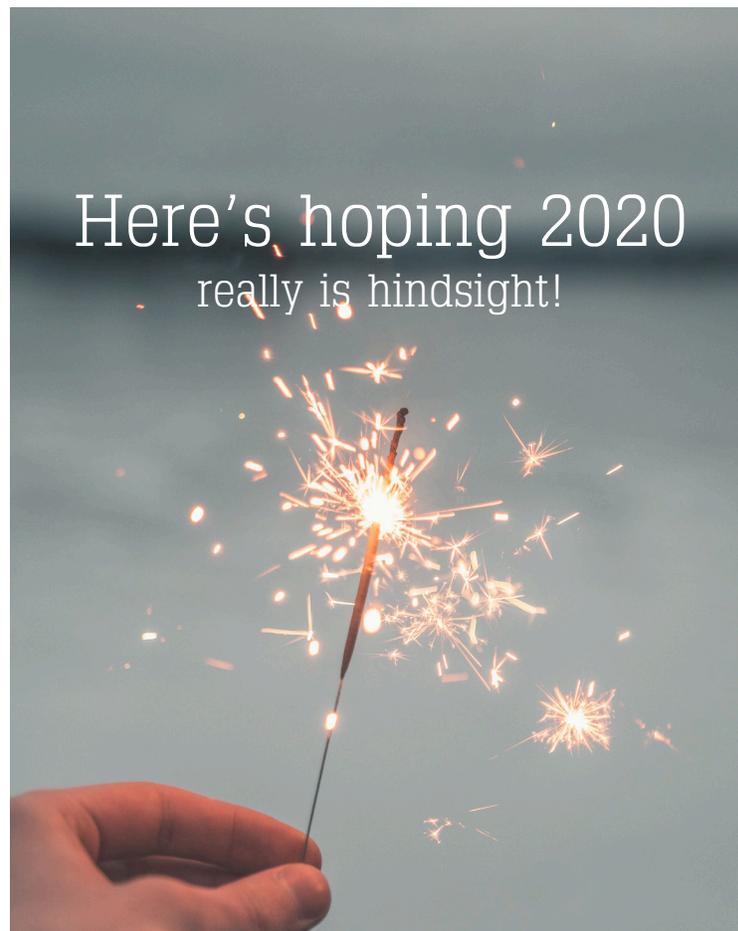
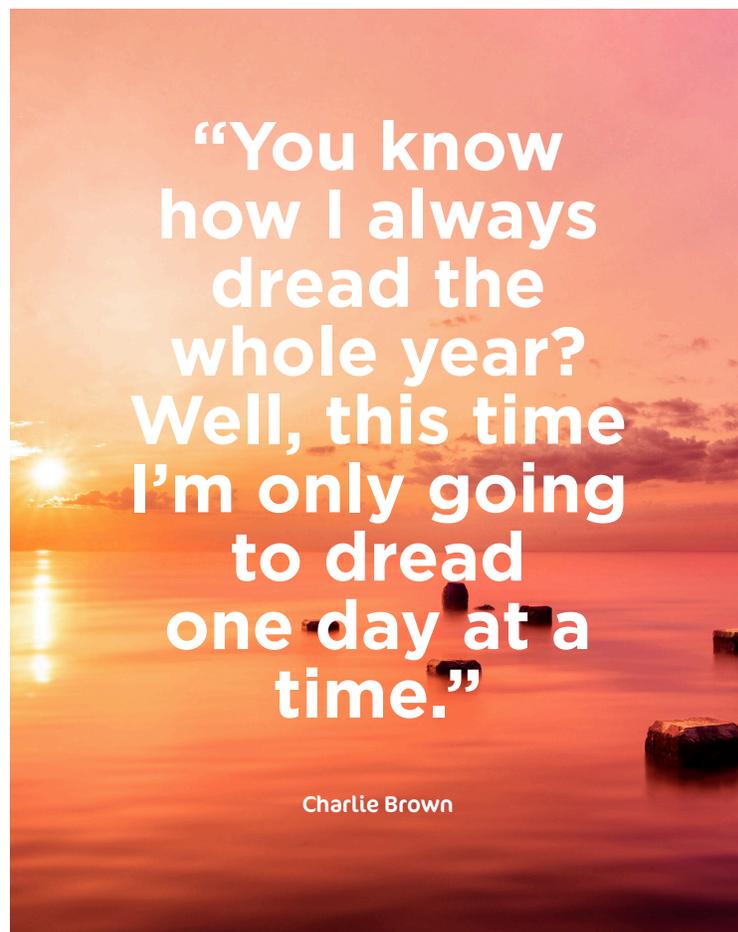
### **Call For Volunteers**

Now that the SSAC is looking forward in 2021 to reopen activities where possible, we need volunteers to fulfill many roles. If you wish to apply to volunteer, please email [ssac@dccnet.com](mailto:ssac@dccnet.com). The subject line should read: **Volunteer inquiry**.

---

### **Nominations for Life Memberships**

If you wish to recommend a sterling member who you feel deserves to receive Life Membership, please submit their name by January 21, 2021. Kindly send your email submission to: [ssac@dccnet.com](mailto:ssac@dccnet.com). Please mark the subject line: **Nominations for Life**.



## SOLAR POWER DATA - 2020

	Aug	Sep	Oct	Nov	Dec
Energy Produced (kWh)	1,400	899	506	267	195
Currency Equivalent	\$176	\$112	\$62	\$33	\$24
Trees Saved	26	16	9	5	4

For more information, please visit our website at [secheltactivitycentre.com](http://secheltactivitycentre.com).

## USEFUL PHONE NUMBERS

Emergency	911
Sechelt Hospital	604.885.2224
Sunshine Coast Community Services	604.885.5881
Senior's Advocate ( <a href="http://www.seniorsadvocatebc.ca">www.seniorsadvocatebc.ca</a> )	877.952.3181
Community Information and Help Line	211
Healthlink BC	811
Community Resource Centre	604.885.4088
Sunshine Coast Transit	604.885.6899
HandyDART	604.885.6897



## CENTRE INFORMATION

### Executive 2020-2021

President	Chris Kane
Vice President	Ken White
Treasurer	Vacant
Secretary	Vacant

### Directors at Large 2020-2021

Tony Stoud  
Bev Coxford

All directors may be reached by email at [communications@secheltactivitycentre.com](mailto:communications@secheltactivitycentre.com).

Please indicate to which director you would like the email sent.

Custodian	Jim Coffin
Chef	Emily McPherson

## OUR SPONSORS



**PHARMASAVE®**

**SECHELT**  
INSURANCE AGENCY